

C VID-19

DON'T BRING IT HOME



No wallet.
Card + Drivers
license in a
ziploc bag.



Leave pen at
work.
Frequently coat
with alcohol.



Minimalist
clothes. Cheap
shoes. Leave
outside the
house.
Plastic theatre
shoes/boots..



Avoid eating in
communal
spaces. Bring
drink bottle. No
keep cups at cafe



Bring your own
food in a
reusable
shopping bag to
wash



No case. Wipe
down often with
alcohol. Leave in
scrub pocket.
Consider ziploc
bag



No hands where
possible - kick
doors. Use gel.



End of the day -
thorough hand
and arm wash.
Gel phone. Leave
pen behind



When you get home:
- Shoes off outside
- No hugs
- Clothes off at the front door + immediate hot shower
- Hot wash work clothes + reusable bag