



MIDDLESEX-LONDON PARAMEDIC SERVICE

1035 Adelaide Street South, London Ontario N6E1R4 | Office: 519.679.5466 | Fax: 226-270-5532

COMMUNITY PARAMEDICINE PRIMARY CARE PROVIDER SIGN-OFF

I, the undersign physician, authorize the Middlesex-London Paramedic Service Community Paramedics to perform the following medical procedures/treatments based on medical history/assessment findings for patients enrolled in the Community Paramedicine program. These directives apply to the Paramedics who are authorized to operate as a Community Paramedic with Middlesex-London Paramedic Service.

The following list comprises medical procedures/treatments that the Community Paramedic may perform without receiving written and/or verbal direction from the Primary Care Provider based on assessment findings/medical history.

- Routine-based monitoring of patients to prevent exacerbations of chronic disease inclusive of: blood pressure, heart rate, respiratory rate, oxygen saturation, ETCO₂, blood glucose, weight, temperature, 3 lead ECG, in-depth physical assessment, home safety scan, medication compliance;
- Use of advanced assessment tools inclusive of, but not limited to: 12 & 15 lead ECGs, Palliative Performance Scale, Edmonton Symptom Assessment System, Confusion Assessment Method, cognitive assessment;
- Use of remote monitoring devices inclusive of: blood pressure, heart rate, oxygen saturation, blood glucose; Chronic condition management inclusive of, but not limited to: COPD, HF, DM, Osteoporosis, Shingles, falls;
- Wound care management;
- COVID-19 testing; AND
- 911 treatment and transport, if required.

The following list comprises medical directives that a Community Paramedic may consider to perform without receiving written and/or verbal direction from the Primary Care Provider based on assessment findings/ medical history:

- Chronic Obstructive Pulmonary Disease Exacerbation Medical Directive (Ipratropium/Salbutamol/Amoxicillin/Clarithromycin/Doxycycline/Prednisone);
- Hypoglycemia Medical Directive (Dextrose/Glucagon);
- Urinalysis Medical Directive;
- Point-of-Care Blood Test Medical Directive (CHEM 8, cNtl);
- Status Epilepticus Medical Directive (Midazolam);
- Terminal Bleed Medical Directive (Midazolam); AND
- Bronchoconstriction Medical Directive (Salbutamol).

The following list comprises medical procedures/treatments that a Community Paramedic may perform once written and/or verbal direction from the Primary Care Provider and/or On-Call Physician has been received:

- Acute Heart Failure Episode Medical Directive (Furosemide);
- Intravenous and Fluid Therapy Medical Directive;
- Urinary Tract Infection Medical Directive (Amoxicillin/Fosfomycin);
- Nausea or Vomiting Medical Directive (Haloperidol);
- Hallucinations or Agitation Medical Directive (Haloperidol/Midazolam/Lorazepam);
- Pain or Dyspnea Medical Directive (Hydromorphone);
- Terminal Congested Breathing Medical Directive (Scopolamine);
- Subcutaneous Port Medical Directive;
- ICD Deactivation Medical Directive;
- Palliative Patient Pronouncement Medical Directive;
- Palliative Care Symptom Relief Kit Utilization Medical Directive (Unique SRK contents);
- Osteoporosis Medication Administration Medical Directive (Prolia); AND



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- Shingles Vaccine Medication Administration Medical Directive.

Where a medical procedure/treatment is directed by the Primary Care Provider it is presumed a prescription will be written by the Primary Care Provider for longer term treatment, where applicable.

Delegated by:

Physician Name

Physician Signature

Date